

LT (Higher Technical Diploma)

Sports Media

Description: Explore advanced principles of sports communication, media production, and content dissemination in the sports industry.

Sports Tourism

Description: Study the development, management, and economic impact of sports tourism and related events.

Tests and Measurements

Description: Apply advanced assessment methods to evaluate physical performance, fitness, and athletic progression.

Law (Droit)

Description: Analyze legal frameworks governing sports organizations, contracts, and professional practice in sport.

Methodology

Description: Develop advanced research and teaching methodologies for effective planning and performance analysis in sports science.

Biomechanics

Description: Examine human movement through mechanical principles to optimize performance and reduce injury risk.

Psychology

Description: Apply advanced psychological principles to enhance performance, motivation, and athlete behavior.

Massage

Description: Study therapeutic massage techniques to support recovery, injury prevention, and physical performance.

Curricula

Description: Design and evaluate structured educational and training programs in sports and physical education.

Technology

Description: Integrate modern technologies into sports training, analysis, and performance optimization.

Language (French & English)

Description: Strengthen advanced communication skills in French and English for professional and academic sports contexts.